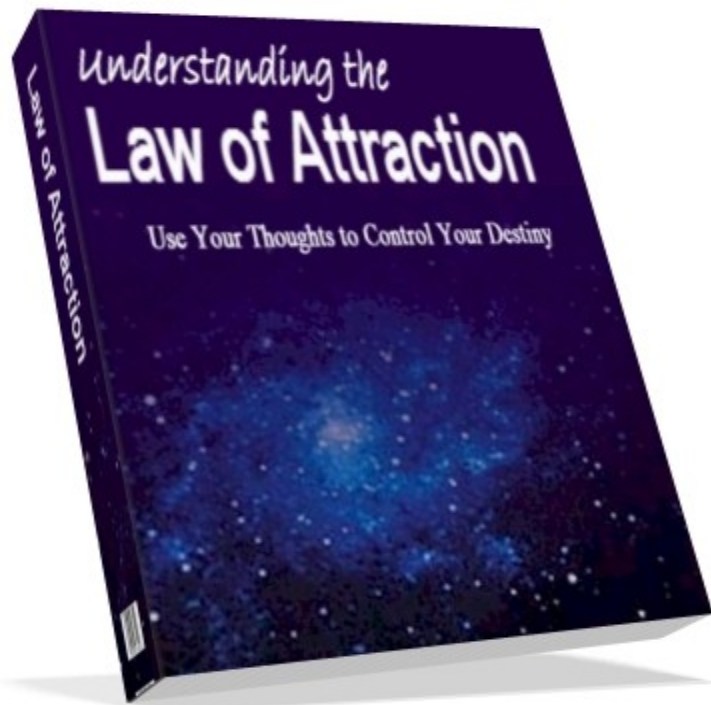


# Understanding the Law of Attraction

**Use Your Thoughts to Control Your Destiny**



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## Table of Contents

<b>DISCLAIMER AND RIGHTS .....</b>	<b>2</b>
<b>INTRODUCTION .....</b>	<b>4</b>
<b>WHAT IS THE LAW OF ATTRACTION?.....</b>	<b>5</b>
<b>THE HISTORY OF THE LAW OF ATTRACTION .....</b>	<b>5</b>
<b>WHAT IS THE PREMISE OF THE LAW OF ATTRACTION? .....</b>	<b>6</b>
<i>Positive vibes .....</i>	<i>7</i>
<i>Negative vibes .....</i>	<i>8</i>
<b>WHAT DO VIBES HAVE TO WITH THE LAW OF ATTRACTION? .....</b>	<b>8</b>
<b>HOW CAN I USE THE LAW OF ATTRACTION?.....</b>	<b>10</b>
<b>WHAT CAN THE LAW OF ATTRACTION DO FOR ME? .....</b>	<b>13</b>
<b>WORK .....</b>	<b>13</b>
<b>LOVE AND FAMILY .....</b>	<b>16</b>
<b>WHEN DOESN'T THE LAW OF ATTRACTION WORK? .....</b>	<b>20</b>
<b>COMMON MISTAKES .....</b>	<b>20</b>
<i>Five Common Mistakes .....</i>	<i>20</i>
<b>ARGUMENTS AGAINST THE LAW OF ATTRACTION.....</b>	<b>26</b>
<b>SCIENCE .....</b>	<b>26</b>
<b>RELIGION .....</b>	<b>32</b>
<b>HOW DOES THE LAW OF ATTRACTION COMPARE WITH OTHER SUBLIMINAL PROGRAMS ON THE MARKET.....</b>	<b>34</b>
<b>VARIOUS OTHER SUBLIMINAL PROGRAMS .....</b>	<b>34</b>
<b>CONCLUSION .....</b>	<b>38</b>

## Introduction

Imagine for a moment that you have in your possession a source of complete and total power. You alone can command the warmth of the sun, the fall of the rain, the turn of the tides and the direction of the winds. What would you do with this kind of power? Would you abuse it causing the world to fall into utter chaos? Would you be benevolent and merciful, using your power to help the people of your planet achieve their ultimate potential?

Unfortunately (or fortunately, as the case may be) there is no way for a person to have that much power. Mother Nature controls the planetary systems according to her own rules and her own designs. You will never be able to have utter control over the environment you are inhabiting.



What if you could, however, have the power to determine the course of your own life? What if you could accomplish great things and acquire great riches just by using the power of your own mind? What if I told you that this does not have to be a “what if?” What if I told you that you possess in your psyche the power to chart the course of the rest of your life on whatever path you see fit?

Chances are you would tell me that I had obviously been watching too much Sci-Fi and needed to get out of the house more often, not to mention my obvious need to expand my vocabulary, considering the number of times I have used “what if” in this conversation. You would be wrong (about the Sci-Fi, anyway). Every person holds in their mind the power to shape the events of their life to achieve whatever end they see fit. This power is what is known as the law of attraction.

## What is the Law of Attraction?

The belief held by many theorists is that the universe is governed by a set of universal laws; these laws cannot be changed, cannot be broken and apply to every individual, regardless of age or nationality. These laws are the riverbanks which guide the flow of their lives on its journey to its ultimate end.

The law of attraction is one such law. The law of attraction is the belief that anyone can determine their destiny through the power of their minds.

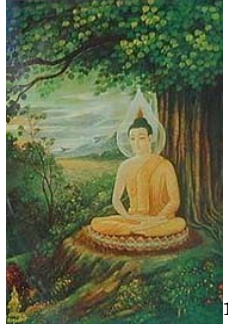
"The Law of Attraction attracts to you everything you need, according to the nature of your thoughts. Your environment and financial condition are the perfect reflection of your habitual thinking." –

Joseph Murphy

### The History of the Law of Attraction

Before we go too deep into the modern applications of the law of attraction, it is important that you understand that this is not simply New Age nonsense (most descriptions of the law of attraction refer to it as a product of a New Age Mentality). The principles of the law of attraction date back far beyond the new found popularity of the New Age.

The immortal Buddha was actually one of the first to introduce man to the law of attraction. He said, "What you have become is what you have thought." This was a principle that the people of the east were acquainted with for centuries before it began to sweep into the western hemisphere.



The concept of karma also may have drawn its roots from the law of attraction. Karma states that you will eventually be revisited by that which you have sent out into the universe. If you have practiced kindness and compassion you will receive in kind. If you have been deliberately cruel to another you will receive back into your life that cruelty which you have sent out. Your actions and thoughts morph into physical entities, causing the universe to react in kind.

The law of attraction began to gain popularity in the western hemisphere in the 19<sup>th</sup> century, as people began to appreciate the power of positive thinking and apply it to their life. This new concept was first introduced to the general public by William Walker Atkinson, the editor of *New Thought* magazine, who published a book called *Thought Vibration or the Law of Attraction in the Thought World* in 1906.

As you can see, the law of attraction is not new. The concept that thought can have a predominate affect on the course of a man's destiny has been taught by wise men throughout the ages and has given rise to a whole new era of beliefs.

### **What is the Premise of the Law of Attraction?**

The theory behind the law of attraction is the belief that energy attracts like energy in the vast expanse of space and time that comprises our universe. Each person's being is constantly radiating energy out into space; the type of energy being radiated is determined by the emotional state of the individual in question and may differ from day to day-sometimes even hour to hour!

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<http://www.crystalinks.com/buddha.html>